

# AFRIGETICS™

## Stress Relief – Sceletium Tortuosum

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### Scheduling status

To be allocated.

### Proprietary name (and dosage form)

Afrigetics™ Stress Relief.

### Composition

Each vegecap contains

*Sceletium tortuosum* 150 mg

*Adansonia digitata* 150 mg

### Preservatives

None.

### Excipients

None.

### Pharmacological classification

African traditional herbal medicine.

### Indications

Afrigetics™ Stress Relief is an anxiolytic (a drug used to reduce anxiety).

### Contra-Indications

Contraindicated when taking any psychiatric medication, including antipsychotic drugs, monoamine oxidase inhibitors, serotonin-uptake inhibitors and benzodiazepines.

### Special warnings

None. Can be safely consumed when used appropriately.

### Dosage and directions for use

Adults take two or three capsules a day.

Children take one capsule a day.

### Side effects and special precautions

If you experience side effects or hypersensitivity towards any of the ingredients, discontinue use.

### Known symptoms of overdosage and particulars of its usage

None known.

### Adverse effects

Occasional side-effects include self-limiting headache, mild loose stools, mild abdominal cramping, sedation and stimulation.

### Interactions

None known.

### Identification

300 mg greenish-brown powder stored inside vege-cap.

### Presentation

Amber PVC bottle with black closure.

### Storage Instructions

Store below 30° C and protect from direct sunlight. Keep out of reach of children.

### Registration/Reference number

Not Applicable.

### Name and business address of manufacturer

Manufactured for Feel™.

22 Waenhout Ave, Knysna Industrial, Knysna, 6571.

### Date of publication of this package insert

14 March 2018

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If symptoms persist consult your healthcare practitioner.

This medicine has not been evaluated by the Medicines Control Council.

This medicine is not intended to diagnose, treat, cure or prevent any disease.

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